

"The fruit of Love is: joy and peace, magnanimity, affability, kindness and trust, meekness and temperance"

The fruit of Love is: joy and It is Love that gives us the strength to get out of the prison of our selfishness -with its burden of divisions, injustices, betrayals, violence- and guides us towards true freedom

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Chiara Lubich wrote: *"We have to become more and more aware of the presence of Love in us, because we carry within us an immense treasure; but we are not really aware of it. For his voice to be heard and followed we have to say no to temptations, cutting with them. And say yes to the tasks entrusted to us. Yes to love towards all our neighbors. Yes to the tests and the difficulties we encounter. In doing so, Love will guide us and give our life the flavour, the vigor, the attractiveness and the luminosity that you can not have unless it is authentic."*

In fact, Love calls us to move from the centre of our concerns to receive, to listen and share the material and spiritual goods, to forgive and to take care of people in the most diverse situations that we live on a daily basis.

This attitude allows us to experience the typical fruit of Love, the growth of our humanity towards true freedom. It brings forth and flourishes in us capacities and resources that, if we are not open to others, will be buried and unknown. All our action is therefore an occasion that we should not lose to say no to the bondage of selfishness and yes to the freedom of love.

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Whoever welcomes the action of Love in the heart contributes to the creation of positive human relationships, through all their family and social activities.

Let us set in motion with determination our personnel called to freedom in the environment in which we live and work. And we will be able to reach and renew also the life of many people around us, projecting history towards horizons of **"joy, peace, magnanimity and kindness ..."**

THE IDEA OF THE MONTH started in Uruguay in the context of the Fourth Dialogue, an instance of understanding between people of diverse religious and non-religious convictions whose motto is "building dialogue". The purpose of this publication is to make a contribution to the ideal of universal fraternity. Currently THE IDEA OF THE MONTH is translated into seven languages and goes around in 17 countries.